

Personal **+** ITINERARY

*We must all
"Journey with Christ"*

*"If anyone wishes to come after me,
He must deny himself, take up his
Cross daily and follow me."*

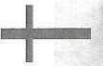
PRAYERFULLY CONSIDER

The offerings in this brochure,
And then select your
Travel route

*"After prayerful consideration,
I commit myself to this
Lenten Journey"*

COMMIT TO THE JOURNEY!

Turn in your personal,
signed itinerary the weekend
of February 26-27

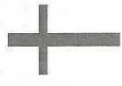
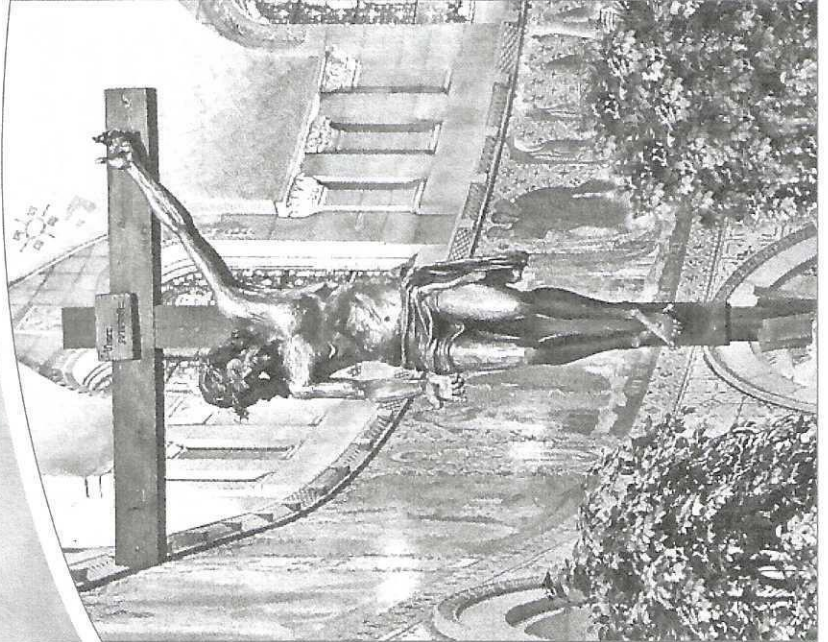


St. James
Neshkoro

St. John's
Princeton

LEN⁺TEN JOURNEY

DESTINATION:
Meeting Jesus
In The Resurrection



For the
BRAVE OF HEART

*(Adapted from the Exodus 90 Program.
It takes 90 days to break a habit
and replace it with another.)*

- Daily Meditation Period
- Read the Scripture Readings for daily Masses.
- Practice Regular, Intense Exercise.
- Get a full night's Sleep.
- Abstain from Alcohol.
- Abstain from Desserts and Sweets.
- Abstain from Eating Between Meals.
- Abstain from Soda or Sweet Drinks.
- Abstain from Television, Movies, or Televised Sports.
- Abstain from Video Games.
- Abstain from Non-essential Material Purchases.
- Listen to Music that Lifts the Soul to God.
- Take Wednesdays and Fridays as Days of Fasting. (Abstain from Meat and Only Eat One Full Meal, As well as Two Smaller Meals that Together are Not Equal to a Full Meal.)
- Only use Mobile Devices for Essential Communications; Cut Out Non-Essential Texting Apps and Internet Use.

DAILY/ONGOING

OPPORTUNITIES

Weekday Mass

Confessions

Before Saturday Masses at
St. James and St. John's

Spiritual Reading

Jesus - a Pilgrimage
By James Martin, SJ

Daily Reflections for Lent

Liturgical Press

Lenten Daybreaks

Liguori

Dynamic Catholic

Best Lent Ever
Daily e-mail reflections

A moment with Bishop Hying

Daily e-mail messages

Go Make Disciples Challenge:

Encountering Christ anew.

1. Pray at least 15 minutes a day
2. Reclaim Sunday as a day of worship and rest.
3. Build a habit of frequent (monthly) confession.
4. Build a habit of regular Mortification (especially on Friday.)

WEEKLY

OPPORTUNITIES

**EUCHARISTIC ADORATION
INCLUDING STATIONS
OF THE CROSS**

St. John's: Monday, 6 PM
St. James: Friday, 4-5 PM

A Biblical Walk Through the Mass

Tuesdays 9 AM March 8, 15, 22, 29, April 5
With Pam Springstroh

Bible Study

Tuesdays 6 PM starting February 15
With Pam Springstroh

Nextstep Cards

Decide to grow.
Believe in the good news.
Pray every day.
Meditate on God's word.
Be reconciled.
Get more out of Mass.

The Magnificat Daily Penances

The Scala Santa

(28 steps)

ONE-TIME

OPPORTUNITIES

Ash Wednesday Mass

St. John's 8:00 AM
St. James 5:30 PM

Communal Penance Service

Montello - March 30th 6:30 PM
Princeton - March 31st 6:00 PM

Parish Mission - Deacon Ralph Poyo

Montello - April 4-6 6:30 PM

Xavier Mission Team

Montello Middle School - 6th-8th grades
March 9 - 6:30 - 8 PM

**Dramatic Reenactment
Of the Passion of our Lord**

Palm Sunday - St. James 9:30 AM
Good Friday - St. John's 12:00 PM

Chrism Mass

Tuesday, April 12th, 7 PM
Maria Goretti Parish

Holy Week/Easter Triduum

Holy Thursday - April 14th
St. John's at 7 PM
Good Friday - April 15th
St. John's at 12:00 PM
St. James at 1:30 PM

Easter Vigil

St. John's - April 16th

Easter Sunday

St. John's at 8:00 AM
St. James at 9:30 AM

