

## December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>National Cotton Candy Day:</b> Originally called Fairy Floss, cotton candy was invented in 1897 by a dentist! It made its world debut at 1904 World's Fair and sold over 68,655 boxes! Today we celebrate our love of sticky, sugary sweets with a super special dessert. Can you guess what it is?</p> <p><b>December Superfood: Carrots!</b> Sweet and crunchy carrots are rich in anti-oxidants, vitamins and fiber. It is good for your eyes, skin, liver and protects us from infections. Follow us this month as we give carrots the attention they deserve!</p>					<b>1</b> Ham Sandwiches	<b>2</b>
<b>3</b>	<b>4</b> Chicken Quesadillas  Soup Fruit and Veggie Bar	<b>5</b> Pulled BBQ Sandwiches  Roasted Cauliflower Fruit and Veggie Bar	<b>6</b> Chili  Assorted Rolls Fruit and Veggie Bar	<b>7</b> <i>Cotton Candy Day</i> Baked Potato Bar  All the fixings! Fruit and Veggie Bar	<b>8</b> Pasta with Marinara  Garlic Bread	<b>9</b>
<b>10</b>	<b>11</b> <b>Student Appreciation Day!</b>  All students are invited to a very special luncheon	<b>12</b> Chicken and Rice  Roasted Carrots Fruit and Veggie Bar	<b>13</b> Beef Tacos  Rice and Beans Fruit and Veggie Bar	<b>14</b> Hot Dog Bar  Tater Tots Fruit and Veggie Bar	<b>15</b> Pizza  Fruit and Veggie Bar	<b>16</b>
<b>17</b>	<b>18</b> Pancakes and Eggs  Sausage links Fruit and Veggie Bar	<b>19</b> Nacho Bar  All the fixings Fruit and Veggie Bar	<b>20</b> Chicken Parmesan  California Vegetables Fruit and Veggie Bar	<b>21</b> Hamburgers  French Fries Fruit and Veggie Bar	<b>22</b> Chef's Choice	<b>23</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>Merry Christmas</b>						
<b>31</b>	All lunches served with love, chocolate milk, white milk and water					